



# WRECK'D

Choreographed by John H. Robinson  
WEB: [www.mrshowcase.net](http://www.mrshowcase.net)  
EMAIL: [mrshowcase@gmail.com](mailto:mrshowcase@gmail.com)

**COUNTS:** 32 | **WALLS:** 4 | **LEVEL:** INT  
**MUSIC:** Train Wreck (Dance Mix) by Marlee Scott (iTunes). **SEQUENCE:** Begin on vocals—16 count intro. 3 easy tags.

## BRUSH-STEP, BRUSH-STEP, OUT-OUT, BACK-CROSS (REPEAT)

- &1&2 Brush L fwd (&), Step L down (1), Brush R fwd (&), Step R down (2)  
&3&4 Step L slightly out to left side (&), Step R slightly out to right side (3), Step L slightly back (&), Step R across L (4)  
&5&6 Brush L fwd (&), Step L down (5), Brush R fwd (&), Step R down (6)  
&7&8 Step L slightly out to left side (&), Step R slightly out to right side (7), Step L slightly back (&), Step R across L (8)

## L SIDE TRIPLE, R SIDE TRIPLE TURNING 1/4 RIGHT, L SIDE STEP TURNING 1/4 RIGHT, R TOUCH, R HEEL TURNOUT X2

- 1&2 Step L to left side (1), Step R next to L (&), Step L to left side (2)  
3&4 Turning 1/4 right (3:00) step R to right side (3), Step L next to R (&), Step R to right side (4)  
5,6 Turning 1/4 right (6:00) step L to left side (5), Touch R next to L (6)  
&7&8 Turn R heel out (&), in (7), out (&), in (8)

\*[Insert TAG #1 here during 4th and 8th repetitions]

## SYNCOPATED HEEL SWITCHES, HOOK-STEP FORWARD, BRUSH & TOUCH TURNING 1/4 RIGHT, HIP BUMP LEFT X2

- 1&2& Tap R heel fwd (1), Step home (&), Tap L heel fwd (2), Step home (&)  
3&4 Tap R heel fwd (3), Hook R across L shin (&), Step R fwd (4)  
5&6 Brush ball of L fwd (5), Hitch L knee turning 1/4 right (9:00) (&), Touch L toe to left side (6)  
7,8 Bump hips left twice taking weight on L (7,8)

## R SAILOR, L SAILOR 1/4 LEFT, 1/2 PIVOT LEFT, 1/4 LEFT, TOGETHER

- 1&2 Step R behind L (1), Step L to left side (&), Step R fwd slightly (2)  
3&4 Step L behind R turning 1/4 left (3), Step R to right side (&), Step L fwd slightly (4)  
5,6 Step R fwd (5), Pivot 1/2 left (12:00) weight ending on L (6)  
7,8 Turn 1/4 left (9:00) stepping R to right side (7), Touch L next to R (8)

\*\*[Insert TAG #2 here after 11th repetition]

START AGAIN & ENJOY!

- 
- \***HIP BUMP TAG #1** : Move hips right (1), left (2), right (3), left (4)  
\*\***HIP BUMP TAG #2** : Move hips left (1), right (2), left (3), right (4)



# WRECK'D

Choreographed by John H. Robinson  
WEB: [www.mrshowcase.net](http://www.mrshowcase.net)  
EMAIL: [mrshowcase@gmail.com](mailto:mrshowcase@gmail.com)

**COUNTS:** 32 | **WALLS:** 4 | **LEVEL:** INT  
**MUSIC:** Train Wreck (Dance Mix) by Marlee Scott (iTunes). **SEQUENCE:** Begin on vocals—16 count intro. 3 easy tags.

## BRUSH-STEP, BRUSH-STEP, OUT-OUT, BACK-CROSS (REPEAT)

- &1&2 Brush L fwd (&), Step L down (1), Brush R fwd (&), Step R down (2)  
&3&4 Step L slightly out to left side (&), Step R slightly out to right side (3), Step L slightly back (&), Step R across L (4)  
&5&6 Brush L fwd (&), Step L down (5), Brush R fwd (&), Step R down (6)  
&7&8 Step L slightly out to left side (&), Step R slightly out to right side (7), Step L slightly back (&), Step R across L (8)

## L SIDE TRIPLE, R SIDE TRIPLE TURNING 1/4 RIGHT, L SIDE STEP TURNING 1/4 RIGHT, R TOUCH, R HEEL TURNOUT X2

- 1&2 Step L to left side (1), Step R next to L (&), Step L to left side (2)  
3&4 Turning 1/4 right (3:00) step R to right side (3), Step L next to R (&), Step R to right side (4)  
5,6 Turning 1/4 right (6:00) step L to left side (5), Touch R next to L (6)  
&7&8 Turn R heel out (&), in (7), out (&), in (8)

\*[Insert TAG #1 here during 4th and 8th repetitions]

## SYNCOPATED HEEL SWITCHES, HOOK-STEP FORWARD, BRUSH & TOUCH TURNING 1/4 RIGHT, HIP BUMP LEFT X2

- 1&2& Tap R heel fwd (1), Step home (&), Tap L heel fwd (2), Step home (&)  
3&4 Tap R heel fwd (3), Hook R across L shin (&), Step R fwd (4)  
5&6 Brush ball of L fwd (5), Hitch L knee turning 1/4 right (9:00) (&), Touch L toe to left side (6)  
7,8 Bump hips left twice taking weight on L (7,8)

## R SAILOR, L SAILOR 1/4 LEFT, 1/2 PIVOT LEFT, 1/4 LEFT, TOGETHER

- 1&2 Step R behind L (1), Step L to left side (&), Step R fwd slightly (2)  
3&4 Step L behind R turning 1/4 left (3), Step R to right side (&), Step L fwd slightly (4)  
5,6 Step R fwd (5), Pivot 1/2 left (12:00) weight ending on L (6)  
7,8 Turn 1/4 left (9:00) stepping R to right side (7), Touch L next to R (8)

\*\*[Insert TAG #2 here after 11th repetition]

START AGAIN & ENJOY!

- 
- \***HIP BUMP TAG #1** : Move hips right (1), left (2), right (3), left (4)  
\*\***HIP BUMP TAG #2** : Move hips left (1), right (2), left (3), right (4)