

Knees Go Week

July 1, 2011

Choreographed & Prepared by: Nancy Morgan (Fletcher)

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Dance Information: 48 Count, 4 Wall, **NO Tags or RESTARTS**, Lower Intermediate, East Coast Swing Rhythm

Music: Anything Other Than Love (Dance Mix) by Deborah Allen **CD:** Single **BPM:** 118 **Start:** After 16 Counts

Video: <http://www.youtube.com/>

AND CROSS, HOLD, AND CROSS, HOLD, AND CROSS, SIDE ROCK, STEP BACK, STEP TOGETHER

&1,2	Step back on ball of Right foot, Cross Left over Right (weight is on Right)
&3,4	Step back on ball of Right foot, Cross Left over Right (weight is on Right)
&5,6,7	Step back on ball of Right foot, Cross Left over Right (weight is on Right), Rock/Step Right out to Right side and return weight to Left
8&	Step back on Right, Step Left next to Right

TWO SHUFFLES FORWARD, TOUCH SIDE TO SIDE TO HEEL TO HEEL TO

1&2	Shuffle forward Right-Left-Right
3&4	Shuffle forward Left-Right-Left
5&6&	Touch Right out to Right side, step Right next to Left, Touch Left out to Left side, step Left next to Right
7&8&	Tap Right heel fwd, step Right next to Left, Tap Left heel fwd, step Left next to Right

TOUCH BACK, ¼ TURN TO RIGHT, ROCK STEP, TWO KICKS FORWARD, ROCK STEP

1,2	Touch Right toe back, turn ¼ turn to Right on ball of Right
3,4	Rock/Step back on Right and forward on Left
5,6	Kick Right foot forward two times
7,8	Rock/Step back on Right and forward on Left

STEP FORWARD, TOUCH L TO R, STEP BACK AND TAP HEEL FWD, STEP FWD, BRUSH ½ TURN TO R, SHUFFLE FWD

1,2	Step forward on Right, Touch Left next to Right as you lean forward (Like Electric Slide)
3,4	Step back on Left, tap Right heel forward as you lean slightly back
5,6	Step Right next to Left, brush Left foot forward ½ turn
7&8	Shuffle forward Left-Right-Left

TOUCH R OUT TO SIDE, STEP BACK ON R, REPEAT ON LEFT, MONTEREY

1,2	Touch Right out to Right side, Step back on Right
3,4	Touch Left out to Left side, Step back on Left
5,6,7,8	Touch Right out to Right side, turn ½ turn to Right putting Right next to Left, Touch Left out to Left side, step Left next to Right

SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ROCK STEP

1&2	Side shuffle to Right (Right-Left-Right)
3,4	Rock/Step back on Left and forward on Right
5&6	Side shuffle to Left (Left-Right-Left)
7,8	Rock/Step back on Right and forward on Left

Begin Again!

Note: *This is a great bar dance.*